

Worth Repeating

WEEK 4

PUTTING OTHERS FIRST CHANGES US AND OUR RELATIONSHIPS FOR THE BETTER.

"But he gives us more grace. That is why Scripture says: "God opposes the proud but shows favor to the humble."

JAMES 4:6 NIV

DAY 1

Grace. You've probably heard that word before, right? It's definitely one of those words that is worth repeating because it means so much to us. Grace is something God gives us that we don't deserve. When it seems like we've messed up for the millionth time or can't seem to do anything right in the eyes of our coach, parents, or even some of our friends, we can remember that God still gives us grace. He loves us at our best and our worst. When we don't deserve and do nothing to earn it, still His grace is there. This week, write down a list of ways you can show that love—give that grace—to others.

"For all those who exalt themselves will be humbled, and those who humble themselves will be exalted."

LUKE 14:11 NIV

DAY 2

Remember that one of the things God calls us to is humility. Humility means simply putting others before ourselves. Now, that's not always easy, is it? Sometimes we want to put our own needs and wants before the needs and wants of others. That's normal! But God can help us change that perspective. He is a God who came not to be served, but to serve. And He can help us do the same! And the best part? As this verse says, when we are able to put others first, God will lift us up. This week, take some time to think about someone you could serve. Then, ask God to help you take steps to put them first in a big or small way this week.

DAY 3

"When pride comes, then comes disgrace, but with humility comes wisdom."

PROVERBS 11:2 NIV

Do you know someone who is really prideful? Though there's nothing wrong with being proud of who you are and what you've done, when pride overtakes you, as this verse reminds us, what comes after it will eventually be disgrace. But when we live with humility instead? Well, that's when true wisdom comes. So, ask yourself: Where do I need wisdom in my life? Maybe it's in a relationship, or at school, or with a friend group, or just a decision about what to do next in a situation. Pray about that, asking God to help you move forward in that area with humility and trust that His wisdom will come as a result.

"Be completely humble and gentle; be patient, bearing with one another in love."

EPHESIANS 4:2 NIV

DAY 4

Let's be honest. At one point or another, we've all had this thought: *I'm better*. Maybe you think you know better than someone else, or behave better than someone else, or something you have makes you better than someone else. Whether we realize it or not, that feeling—that belief that we're better—comes from pride. What Scripture reminds us is that humility is a better way. Instead of looking at life through a lens of what makes us better than others, we should look at life through a lens that considers how we can help and serve others. That is what true humility is, and when we live out of that place, our relationships, our lives, and even our faith will change for the better.

"He must become greater; I must become less."

JOHN 3:30 NIV

DAY 5

One of the best things about knowing God is that we can trust He can handle it all. How do we know? Because of what Jesus said in verses just like this one. He is greater! And the more we allow Him to be a bigger presence and take up a greater space in our lives, the more we'll see how great He really is. The more we'll see just how much that greatness can change our lives for the better. Is there a place in your life where you need to let go of control? A place where you need to see God's greatness? Share it with your Small Group Leader, asking them to help you remember that God is greater than all the things you face.